

Will you know if your male patient has low testosterone (Low T)?

SYMPTOMS MAY INCLUDE:

- Decrease in libido
- Fatigue
- Depressive mood
- Decrease in muscular strength

To help your evaluation, ask your patient to take this quiz. After you make your diagnosis, please place this paperwork in your patient's file.

If he answers "yes" to question 1 or 7 or any 3 other questions, you should test him for Low T.

- 1 Do you have a decrease in libido (sex drive)?
- 2 Do you have a lack of energy?
- 3 Do you have a decrease in strength and/or endurance?
- 4 Have you lost height?
- 5 Have you noticed a decreased "enjoyment of life"?
- 6 Are you sad and/or grumpy?
- 7 Are your erections less strong?
- 8 Have you noticed a recent deterioration in your ability to play sports?
- 9 Are you falling asleep after dinner?
- 10 Has there been a recent deterioration in your work performance?

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